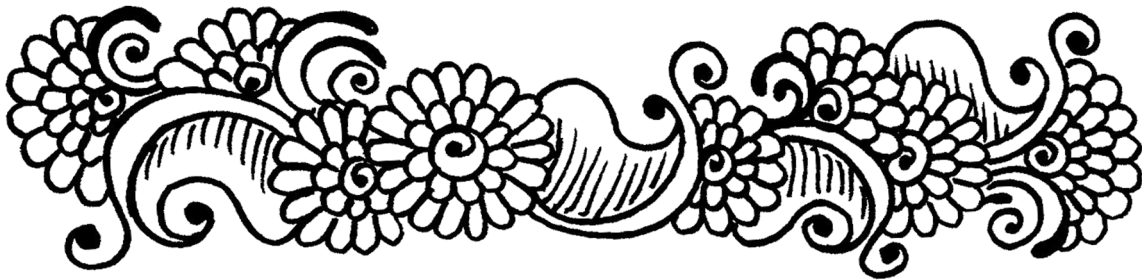


# Natural Henna Aftercare



- Leave henna paste on 4 hours or more.
- Avoid water for the rest of the day.
- Avoid chlorine, salt water, cleaners, or anything exfoliating on your stain.

Hands/forearms and feet/lower legs stain the best.  
The further from these areas, the lighter the stain.

Good color 5-10 days and full exfoliation in 1-3 weeks.

***Stain starts off light orange and DARKENS  
over 2-3 days to a red/brown color.***

Natural safe henna is always **brown/red**.  
No dangerous additives or artificial dyes are added.

Learn more about henna at...

[www.HennaHelp.com](http://www.HennaHelp.com)