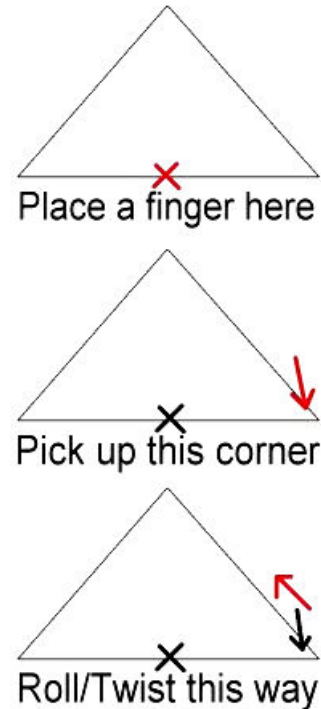


How to Roll Henna Cones

- Place the cellophane triangle or rectangle with the long edge facing you.
- Place a finger on the edge of the long side of the triangle about half way down (see the X in the picture). For rectangles, place your finger about 3/4 of the way down.
- With your free hand, pick up a corner (right or left) and twist (don't fold) towards the peak of the triangle above your finger in the middle of the long side of the triangle.
- Continue to twist, creating a cone. The tip does not have to be perfect yet.
- Once you have a cone shape, hold the cone with two fingers inside the cone.
- Twist and pull the cone to adjust its shape and tighten the tip. There should be no opening at the tip. It should be completely closed. Pull with the hand that is holding the tip of the cone, while twisting with the fingers inside the cone. Find a technique that works for *you*.
- The key to a good cone is a super pointy tip. It should be so pointy and tight that no liquid can pass through it.
- Take a small piece of tape and carefully tape the loose cellophane edge about an inch or so up from the pointy tip. Use the **Scotch brand red plaid transparent tape**. The frosted-style tape (green plaid) will not hold up to freezing or the essential oils in henna.



Filling & Folding a Henna Cone

Use a carrot bag or a sandwich baggie to fill the cone halfway with henna (no more than 2/3 filled). *Don't worry if the paste doesn't get all the way to the bottom of the tip.*

Fold in both corners of the cone creating a tab at the top of the cone. Fold/Roll down the tab until it creates a nice tight henna cone and tape* securely. Some people use just one strip of tape, others use tons of tape. Adjust how you fold the cone to work for your needs. There is no right or wrong way to tape a henna cone. If it doesn't leak, it's correct!

Instead of taping the cones, you can use a rubber band or a binder clip to close henna cones. Again, do what works for you.

Cut the tip of the cone with scissors or nail clippers to make a very small opening, just enough so that a needle could pass through the hole. Remember you can always cut the tip larger, but once it's too large, you cannot make the opening smaller.

Any unused henna in the cone can be stored in the refrigerator for use within a couple of days. For longer storage, freeze your henna. Make extra henna cones and the freeze filled cones. Thawing individual cones only takes about 10 or 15 minutes.

*Use the **Scotch brand red plaid transparent tape**.

The frosted-style tape (green plaid) will NOT hold up to freezing or the essential oils used in henna.